

Package leaflet: Information for the user

Prospan® Cough Liquid

Oral liquid

Active substance: dried ivy leaf extract

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. In order to achieve the best possible treatment outcome, however, Prospan® Cough Liquid must be used in line with the instructions.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If your symptoms worsen or do not improve after 7 days, you must in any case see a doctor.
- If any of the listed side effects significantly impairs you or you notice side effects not listed in this package leaflet, please inform your doctor or pharmacist.

What is in this leaflet:

1. What is Prospan® Cough Liquid and what is it used for?
2. What you need to know before you take Prospan® Cough Liquid
3. How to take Prospan® Cough Liquid
4. Possible side effects
5. How to store Prospan® Cough Liquid
6. Other information

1. What is Prospan® Cough Liquid and what is it used for?

Prospan® Cough Liquid is a herbal medicine for catarrhal disorders affecting the airways.

Prospan® Cough Liquid is used to alleviate the symptoms of chronic-inflammatory bronchial disorders; acute inflammations affecting the airways associated with cough.

Note:

If your symptoms persist, or if you experience trouble breathing, fever or purulent or bloody discharge, you should immediately consult a doctor.

2. What you need to know before you take Prospan® Cough Liquid

Do not take Prospan® Cough Liquid

- if you are hypersensitive (allergic) to the active substance or any of the other ingredients of this medicine.

Special care with taking Prospan® Cough Liquid is required:

Children:

Prospan® Cough Liquid is not suited for use in children below 6 years of age.

Other medicines and Prospan® Cough Liquid

No studies have been performed. So far, no interactions have become known.

Tell your doctor or pharmacist if you are taking/using or have recently taken/used any other medicines, including over-the-counter medicines.

Pregnancy and breast-feeding

This medicine should not be used during pregnancy and while breast-feeding since no sufficient studies are available.

Driving and using machines:

No special precautions are necessary.

Important information about specific other ingredients of Prospan® Cough Liquid:

This medicine contains sorbitol. During each use, 1,9 g sorbitol are consumed. If you have been told by your doctor that you have an intolerance to some sugars, please contact your doctor before taking this medicine.

3. How to take Prospan® Cough Liquid

Always take Prospan® Cough Liquid exactly as instructed in this leaflet. Check with your doctor or pharmacist if you are not sure. Unless otherwise prescribed by a doctor, the usual dose is:

Age	Single dose	Total daily dose
Adults and adolescents from 12 years of age	5 ml, equivalent to 35 mg dried ivy leaf extract	15 ml (three times 2.5 ml), equivalent to 105 mg dried ivy leaf extract
Children between 6 and 12 years of age	5 ml, equivalent to 35 mg dried ivy leaf extract	10 ml (twice 5 ml), equivalent to 70 mg dried ivy leaf extract

Method of administration

Prospan® Cough Liquid from the bottle:

To be taken orally using the included measuring cup (5 ml mark). Shake the bottle well before any use!

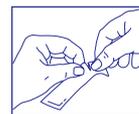
Prospan® Cough Liquid from the sachet:

To be taken orally from the portion sachet (5 ml). The liquid should be taken undiluted in the morning, (around midday) and in the evening.

For Prospan® Cough Liquid from the portion sachet, we have chosen packaging that can be torn open without any effort and the content of which can be taken comfortably. Please refer to the drawing to see how exactly to use the sachets.



Gently squeeze the sachet before use!



Squeeze and tear open.



Put to the mouth while squeezing and empty the contents into your mouth.

Duration of use

Treatment duration depends on the type and severity of the illness; it should usually be 1 week. Should the symptoms, however, persist for longer than 1 week, medical advice should be sought.

Please talk to your doctor or pharmacist if you feel that the effect of Prospan® Cough Liquid is too strong or too weak.

If you take more Prospan® Cough Liquid than you should:

You should not take more Prospan® Cough Liquid per day than stated in the dosing instructions or prescribed by the doctor. Taking significantly higher amounts (more than three times the daily dose) can cause nausea, vomiting and diarrhoea. In this case, you should see your doctor.

If you forget to take Prospan® Cough Liquid:

Do not take the double dose the following time, but continue intake as prescribed by the doctor or described in the package leaflet.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. The classification of side effects is based on the following frequencies:

Very common: more than 1 in 10 treated persons

Common: 1 to 10 in 100 treated persons

Uncommon: 1 to 10 in 1,000 treated persons

Rare: 1 to 10 in 10,000 treated persons

Very rare: less than 1 in 10,000 treated persons

Not known: The frequency cannot be estimated from the available data

Possible side effects:

After taking medicines containing ivy, allergic reactions such as trouble breathing, swelling, reddening of skin and itching may occur. The frequency is unknown.

In sensitive people, gastrointestinal symptoms such as nausea, vomiting, diarrhoea may occur. The frequency is unknown.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

You can also report side effects directly via the Bundesinstitut für Arzneimittel und Medizinprodukte [Federal Institute for Drugs and Medical Devices], Abt. Pharmakovigilanz [Pharmacovigilance Department], Kurt-Georg-Kiesinger-Allee 3, D-53175 Bonn, website: www.bfarm.de.

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Prospan® Cough Liquid**Keep out of the reach and sight of children!**

Do not use this medicine after the expiry date which is stated on the carton and the container. The expiry date refers to the last day of that month. Information regarding shelf life after opening or reconstitution: Prospan® Cough Liquid in bottle: Can be used for 3 months after opening.

6. Other information**What Prospan® Cough Liquid contains**

The active substance is: dried ivy leaf extract.

5 ml liquid contain 35 mg dried ivy leaf extract (5-7.5 : 1).

Extracting agent: Ethanol 30% (m/m).

The other ingredients are:

potassium sorbate (Ph.Eur.) (preservative), anhydrous citric acid (Ph.Eur.), xanthan gum, sorbitol solution 70% (crystallising) (Ph.Eur.), flavourings, levomenthol, purified water.

5 ml liquid contain 1.926 g sorbitol (Ph.Eur.) (sugar substitute) = 0.16 bread units,

What Prospan® Cough Liquid looks like and contents of the pack:

Prospan® Cough Liquid is available in original packs of 105 ml (N 1) and 200 ml (N 2) liquid and 21 sachets (N 1) of 5 ml and 30 sachets of 5 ml liquid each.

Marketing Authorisation Holder and Manufacturer:

Engelhard Arzneimittel GmbH & Co. KG

Herzbergstr. 3

61138 Niederdorfelden

Tel.: +49 6101 / 539 - 300

Fax: +49 6101 / 539 - 315

Internet: <http://www.engelhard-am.de>

E-mail: info@engelhard-am.de

This leaflet was last revised in December 2018.

Notes:

Prospan® Cough Liquid contains a herbal active substance. Due to this herbal extract, there may sometimes be slight clouding and variations in taste of Prospan® Cough Liquid. Both these factors do, however, not affect the quality of the product.

